

WASHINGTON TRACK AND FIELD

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Contact: Brian Beaky

Huskies Head South Seeking More Record- Setting Performances at 76th Texas Relays

On the Track: After setting three school individual records and the UW single-meet record for NCAA qualifiers at last week's Stanford Invitational, the Huskies will send a small but strong contingent of athletes to the 76th-Annual Clyde Littlefield Texas Relays, Wednesday through Saturday, on the campus of the University of Texas. Washington will be represented at the meet by nine men and five women, as the rest of the team takes a break from competition in preparation for next week's Pepsi Team Invitational in Eugene. Husky competition at the Texas Relays begins on Thursday and concludes Saturday.

The Meet: With over 5,000 athletes competing in 125 events, the Texas Relays is one of the largest track and field competitions in the nation this season. The outstanding field will be highlighted by Olympic gold medalists Maurice Greene, Jon Drummond, Inger Miller and Chryste Gaines, and 100-meter world record holder Tim Montgomery. Joining those elite athletes will be competitors from the professional, collegiate and prep ranks, including Washington school record holders **Brad Walker** and **Brittiny Roberts**. Founded in 1925 by legendary University of Texas track coach Clyde Littlefield, the Texas Relays annually features some of the fastest times and most outstanding field event marks in the world.

Event Schedule: Following is a schedule of events for Husky athletes ONLY at this weekend's Texas Relays. For a complete schedule, visit www.texassports.com. All times are Pacific.

Thursday, Apr. 3		Sa	aturday, Apr. 5
2:15 p.m.	400m IH, Prelims (W)	10:00 a.m.^	Pole Vault (W)
3:00 p.m.	400m IH, Prelims (M)	10:30 a.m.	400m IH, Final (M)
		10:30 a.m.	400m IH, Final (W)
	<u>Friday, Apr. 4</u>	11:00 a.m.^	High Jump (W)
7:30 a.m.*	110m HH, Prelims (M)	11:30 a.m.	Triple Jump (W)
7:30 a.m.	100m HH, Prelims (W)	12:40 p.m.	110m HH, Final (M)
7:30 a.m.	4x400m Relay, Prelims (M)	12:40 p.m.	100m HH, Final (W)
8:00 a.m.^	Pole Vault (W)	1:00 p.m.	Pole Vault (M)
8:00 a.m.^	High Jump (W)	2:15 p.m.	4x400m Relay, Final (M)
6:05 p.m.	Sprint Medley Relay (M)		

^{* --} Track events during Friday's morning session will be conducted on a rolling schedule, with exact times to be set after scratches and late entries are received.

^-- Both the women's pole vault and high jump events will be contested in two sections. Entries for each section were not available as of the publication of this release; thus, start times for both sections in both events are listed.

2003 Husky Track Schedule

Indoor

<u>Date</u>	Meet	Location
Jan. 18	Husky Indoor Preview	Seattle
Feb. 1	Husky Invitational	Seattle
Feb. 15	UW Invitational	Seattle
Mar. 1	Pac-10 Invitational	Seattle
Mar. 8	UW Last Chance Qualifier	Seattle
Mar 14-15	NCAA Champs Favette	ville Ark

Outdoor

<u>Date</u>	Meet	Location
Mar. 22	Ken Shannon Invit	e Seattle
Mar. 29-30	Stanford Invite	Palo Alto, CA
Apr. 3-5	Texas Relays	Austin, TX
Apr. 12	Oregon Quad	Eugene, OR
Apr. 19	Mt. SAC Relays	Walnut, CA
Apr. 27	Oregon Invite	Eugene, OR
May 2	Cardinal Qualifier	Palo Alto, CA
May 3	WSU Dual	Seattle
May 9-10	Pac-10 Multi-Events I	os Angeles, CA
May 9-10 May 10	Pac-10 Multi-Events I Ken Foreman Invit	0
May 10	Ken Foreman Invit	0
May 10 May 16-17	Ken Foreman Invit Pac-10 Champs. Le	e Seattle
May 10 May 16-17 May 30-31	Ken Foreman Invit Pac-10 Champs. Le	e Seattle os Angeles, CA Palo Alto, CA
May 10 May 16-17 May 30-31 June 11-14	Ken Foreman Invit Pac-10 Champs. Le NCAA Regional	e Seattle os Angeles, CA Palo Alto, CA

Bold font indicates Husky home meet. All home indoor meets held at Dempsey Indoor, all home outdoor meets held at Husky Stadium.

For the latest information on Husky track and field, including results, statistics and releases, visit the official site of UW athletics at:

www.gohuskies.com

Huskies on the Airwaves: 'On Campus with the Huskies,' a half-hour program featuring Washington's Olympic sports teams, debuted last fall on Fox Sports Northwest. The weekly program, hosted by former Husky athlete Elise Woodward, features event highlights and profiles of Husky athletes and coaches. 'On Campus' airs each Thursday at 6:30 p.m. PT.

Meet Results: Results and a full recap of UW competition will be posted to www.gohuskies.com immediately following the conclusion of Husky action on each day of the two-day meet. For live results, meet history, complete entry lists and event schedules, visit the official site of University of Texas Athletics at www.texassports.com.

Husky Track Quick Facts

University of Washington Athletic Department, Box 354070 Seattle, WA 98195-4070

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Enrollment :
Founded: Nov. 4, 1861
Interim President: Dr. Lee L. Huntsman
Director of Athletics: Barbara Hedges
Home Stadium: Dempsey Indoor/Husky Stadium
Press Row Phone: (206) 551-3261
Conference:
Head Coach: Greg Metcalf (1st year)
Asst. Coach (Vault/Jumps): Pat Licari (7th year)
Asst. Coach (Sprints/Hurdles): Dion Miller (1st year)
Asst. Coach (Throws): Bud Rasmussen (1st year)
Asst. Coach (Distances): David Bazzi (2nd year)
Asst. Coach (Distances): Kelly MacDonald (1st year)
Track Office Phone: (206) 221-2625
Website: www.gohuskies.com
2002 Men's Pac-10 Finish: 8th
2002 Men's NCAA Finish: 30th (tied)
2002 Women's Pac-10 Finish: 9th
2002 Women's NCAA Finish: N/A
NCAA Competitors Returning/Lost: 3/1
Best Men's Conference Finish: 2nd (1976)
Best Men's NCAA Finish: 2nd (1929, 1930)
Best Women's Conference Finish:4th (1995, '96, '98)
Best Women's NCAA Finish: 10th (1988)

Husky Media Relations

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Final 2003 USTCA Dual Meet Power Rankings*

Men		Women		
1. Minnesota	286.77	1. S. Carolina	308.32	
Nebraska	283.71	2. LSU	305.42	
3. Florida	281.78	3. N. Carolina	300.82	
4. Ohio State	280.61	4. Florida	299.91	
5. E. Michigan	280.00	Nebraska	298.32	
6. BYU	272.88	6. Michigan	286.74	
7. LSU	272.87	7. Arkansas	285.91	
8. Tennessee	272.21	8. Notre Dame	282.69	
9. S. Carolina	269.03	9. Texas	281.70	
10. Texas	267.42	Indiana	281.70	
11. Purdue	260.64	Penn State	279.37	
12. Washington	259.05	12. Kansas State	276.91	
13. Wisconsin	258.44	13. Wash. State	271.77	
14. C. Michigan	257.59	14. Georgia	269.73	
15. Penn State	256.73	15. BYU	267.51	
16. Arizona	256.16	16. Missouri	266.32	
17. Indiana	255.68	17. Nevada	256.62	
18. Alabama	255.49	18. Ohio State	254.74	
19. Weber State	255.08	19. Georgia Tech	253.95	
20. Georgia	253.72	33. Washington	243.39	

* - First outdoor rankings scheduled for Apr. 7.

2003 Stanford Invitational Recap: Washington athletes took last week's Stanford Invitational by storm, setting a Husky record for single-meet NCAA Qualifiers with 21, including three school-record performances. Senior **Brad Walker** was among the record-setters, improving his own pole vault best by 1/2 inch with a mark of 18-feet, 6 1/2 inches. Fellow senior **Kameko Gay** bested her own record in the hammer throw by two inches with a toss of 171'-0", while junior **Kate Spigel** lowered the school's steeplechase mark by 13 seconds, to 10 minutes, 45.76 seconds. The meet also featured impressive performances by some non-qualifying athletes, including **Sean Williams**' mark of 47.52 in the 400 meters that was just .07 shy of the NCAA-qualifying standard. Sophomore sprinter **Reggie Williams** made his track and field debut, narrowly missing a Pac-10 qualifying mark in the 100 meters with a 10.88-second finish, and anchoring the team's 4x100-meter relay squad which finished in 41.01 seconds.

Rankings Report: Washington's men's team wrapped up the indoor season ranked 12th in the U.S. Track Coaches' Association Dual Meet Power Rankings, and tied for 21st in the Trackwire 25. The Huskies, who placed 20th at the NCAA Indoor Championships, were in the top-10 of the USTCA Rankings for much of the 2003 season, and were ranked as high as ninth in the Mar. 3 rankings. The Husky women, meanwhile, finished 33rd overall in the USTCA Rankings, and were unranked by Trackwire. The first outdoor editions of both power rankings are due next week.

New NCAA Format: For the first time ever, the NCAA will use Regional Championship meets this season to determine qualifying for the NCAA Track and Field Championships. Stating a desire to place an emphasis on competition, rather than best marks, the NCAA Championships will draw the top-five finishers in each individual event, and top-three relay teams from each of the four regionals nationwide, to be contested May 30-31. Athletes will qualify for the Regional meets by meeting pre-determined NCAA standards. The NCAA will then round out the Championships field by selecting the highest-ranking individuals (approximately six per individual event and five per relay) from the national collegiate performance lists, provided those athletes competed at their respective Regional meets and were not among the finishers to earn automatic NCAA berths. The lone exception to the Regional qualifying system will be the 10,000-meter and multi-events, which will not be subject to Regional competition. Athletes will continue to qualify for the NCAA Championships in those events as they have in the past, by meeting pre-determined provisional and automatic-qualifying standards.

Where No Husky Has Gone Before: At the season-opening Ken Shannon Invitational, five Husky throwers became the first UW athletes ever to qualify for the NCAA Regional Championships, which will be contested for the first time May 30-31. The list included four spear specialists, headlined by three-time top-10 Pac-10 finisher Heather Reichmann. Joining Reichmann as Washington's first-ever NCAA Regional qualifiers were freshman Tiffany Zahn, a prep All-American in the javelin, sophomore javelin throwers Rigel Wise and Juan Romero, and senior discus competitior Mat Schwinn. The following week, however, the five learned they'd have some company at the Regional meet, as no fewer than 21 Huskies achieved NCAA qualifying marks, including marks in the 10,000 meters by Sabrina Monro and Kate Bradshaw which qualified them directly for the NCAA Championship meet in June. Four Husky men, led by national leader Jeremy Park, qualified in the 5,000 meters, spearheading the most prolific NCAA-qualifying day in Washington history.

Washington's 2003 NCAA Regional Championships Qualifiers

		Men				V	Vomen		
			Regional	National				Regional	National
<u>Name</u>	Event	<u>Mark</u>	Ranking	Ranking	<u>Name</u>	Event	<u>Mark</u>	Ranking	Ranking
Jeremy Park	5,000m	13:54.07	1st	1st	Heather Recihmann	Javelin	156-3	1st	6th
Brad Walker	Pole Vault	18-6 1/2	1st	1st	Brittiny Roberts	Triple Jump	41-4 1/2	1st	9th
Eric Garner	5,000m	14:13.26	4th	7th	Courtney Inman	1,500m	4:19.39	2nd	4th
Mat Schwinn	Discus	172-0	4th	19th	Sabrina Monro*	10,000m	33:32.28		9th
Rigel Wise	Javelin	204-4	5th	32nd	Kate Bradshaw*	10,000m	34:43.47		14th
Juan Romero	Javelin	201-1	6th (tie)	34th (tie)	Kate Spigel	Steeplechase	10:45.76	5th	7th
Jesse Fayant	5,000m	14:19.02	7th	12th	Sidney Brown	High Jump	5-7	5th (tie)	20th (tie)
Andy Fader	5,000m	14:23.88	9th	23rd	Brittiny Roberts	High Jump	5-7	5th (tie)	20th (tie)
Fumi Nagahisa	Pole Vault	16-0 3/4	11th (tie)	25th (tie)	Kate Soma	Pole Vault	12-6	5th (tie)	11th (tie)
Sam Roberts	Pole Vault	16-0 3/4	11th (tie)	25th (tie)	Cambrielle Jensen	400m Hurdles	1:01.31	6th (tie)	29th (tie)
					Tiffany Zahn	Javelin	142-3	11th	34th
* - The 10,000m a	and multi-events	will not be co	ntested at the N	CAA Regional	Kameko Gay	Hammer	171-0	13th	39th
Meet; athletes in the	ose events qualif	v directly for t	he NCAA Chan	nnionships	Cherron Davis	Shot Put	46-2 3/4	15th	51st

20 Years of Spear Success: From Fred Luke and Duncan Atwood, to Darryl Roberson and Helena Uusitalo, Washington has a longstanding tradition of excellence in the javelin. This year's crop is no exception, with four Huskies qualifying for the NCAA Regional Championships at the first meet of the 2003 season. Senior Heather **Reichmann** is a three-time top-10 finisher at the Pac-10 Championships, and owns the school record with the new javelin implement. Redshirting senior Megan Spriestersbach boasts NCAA experience, and freshman Tiffany Zahn, already an NCAA qualifier this season, earned prep All-American honors from Track and Field News in 2002. Junior **Seth Jens** was the seventh-place finisher at the 2002 Pac-10 meet, and sophomores Rigel Wise and Juan Romero are NCAA qualifiers in 2003. Since 1982, when women's track and field joined the NCAA, the Huskies have sent at least one competitor in the javelin to all but three NCAA Championships, a span of 21 years. The list includes four Pac-10 Champions (Uusitalo -- 1987, Roberson -- 1988-89, Troy Burkholder --1996), one NCAA champion (Uusitalo -- 1986) and a U.S. Olympian (Atwood -- 1984). In all, three different Huskies have thrown the javelin for the U.S. at the Olympic Games and three more have earned NCAA titles. In UW history, no event has featured more individual NCAA champions than javelin's three, with only Scott Neilson's four hammer titles eclipsing the UW's success in the spear.

Husky Greats Give Back: Looking for an explanation for the Huskies' immediate success in the javelin this season? Look no further than 1984 U.S. Olympian **Duncan Atwood**, who has volunteered his time to his alma mater this season, working with first-year assistant coach Bud Rasmussen. Atwood, however, is just one of the former Husky greats lending their expertise to an eager group of UW collegians. Four-time Pac-10 sprints champion Ja'Warren Hooker has been taking time off from the professional track circuit to mentor Washington's up-and-coming sprinters, volunteering his assistance to first-year assistant coach Dion Miller. The results speak for themselves: so far in 2003, four UW javelin throwers have qualified for the NCAA Regional Championships, while the Husky sprinters have seen improvement across the board. Atwood and Hooker join head coach Greg Metcalf, a two-time steeplechase All-American at UW, and two-time Husky All-American David Bazzi, now a full-time assistant coach.

Resourceful Recruiting: Washington's coaches in 2003 have found a creative way to add numerous elite athletes to the squad without having to give up any scholarships — cull the most talented athletes from the UW's other sports. This season's Husky roster, therefore, features nine players from the Husky football team, one UW gymnast, and one better known for her exploits on the basketball court. Those to make the biggest impact so far in 2003 are the football players, two of whom led the team in their events indoors and one — freshman tailback Shelton Sampson — who was an NCAA indoor qualifier, in the 200 meters. Former Husky basketball player Heather Reichmann is an NCAA Regional qualifier in the javelin, and sophomore safety James Sims, a Pac-10 competitor last season, is a Pac-10 qualifier again in the triple jump. Those three are joined on the UW roster by wide receivers Reggie Williams and Matt Williams, cornerbacks Roc Alexander and Derrick Johnson, tailback Chris Singleton and linebacker Will Conwell. Also this spring, redshirt freshman gymnast Carly Dockendorf — who as an unattached athlete cleared a height of 12-5 in the pole vault that would rank among the UW's top-five all-time — will join the track team on a full-time basis.

Double-Duty Dockendorf: Freshman football/basketball star Nate Robinson may be Washington's most celebrated two-sport athlete in 2003, but even he isn't trying to compete in two sports at once. That's what's being accomplished by Port Moody, B.C., native Carly **Dockendorf**, a star for the Husky gymnastics team who has competed unattached at several of the Huskies' indoor track and field meets. The weekend of Mar. 1 marked the most impressive display of Dockendorf's athletic ability. On Friday, Feb. 28, with the gymnasts needing a big performance from Dockendorf to extend an undefeated home season, the redshirt freshman scored a perfect 10 on the floor exercise, just the sixth perfect 10 in UW history. Barely 12 hours later, Dockendorf pulled on her track spikes and soared 12feet, zero inches in the pole vault at the Pac-10 Indoor Track Invitational, a mark which would have ranked fifth all-time in UW history. A provincial pole vault champion as a prep, Dockendorf was named Rookie of the Year by the Husky gymnastics team in 2002. Dockendorf has been one of UW's most outstanding gymnastis in 2003, tallying three perfect 10s on the floor, including at the Pac-10 Championships, where she shared the conference crown in the event.

You Might Recall: While the 11 athletes on the roster from sports other than track or cross-country are more than Washington has had in recent years, the practice of mining athletic talent from other UW programs has unearthed countless gems for the Husky track and field squad in the past. In fact, a glance at Washington's career top-10 charts reveals numerous outstanding two-sport performers, including 110m hurdles record-holder **Spider Gaines**, a tailback for the UW football team in the 1970s, and sprinter Ja'Warren Hooker, the UW record-holder at 100m, 200m, and 400m and a Husky wide receiver from 1997-98. Other names which highlight the list include football players Ernie Conwell (No. 5, shot put), Dana Hall (No. 3, 110m HH), Sterling Hinds (No. 3, 100m/200m), Pete Kaligis (No. 6, shot put), Orlando McKay (No.2, 400m), Brent Merritt (No. 5, 400m) and **Tony Parrish** (No. 5, triple jump). That's not to say that multi-sport success is limited just to the football team. Former UW All-American volleyball star Makare Desilets boasts the school's fifthbest high jump mark, while basketball standout Tara Davis is the schoolrecord holder in the triple jump, and ranks second all-time in the long jump. And, of course, current Husky and former hoopster **Heather Reichmann** is the school's all-time record-holder in the javelin (new implement). This list doesn't even include Huskies Herman Brix and Paul Jessup, who starred for Washington's football teams in the 1920s before establishing world records in the shot put and discus, respectively.

Park Central to UW Success: Perhaps no Husky has risen as quickly this season as senior distance runner **Jeremy Park**, who earned All-American honors indoors with a 13th-place finish in the 3,000 meters at the 2003 NCAA Indoor Championships. Park has carried over his indoor success to the outdoor season as well, taking the national lead at 5,000 meters with a time of 13:54.02 at last week's Stanford Invitational that ranks third in UW history. A graduate of Klamath Falls (Ore.) High School, Park attended Portland State University for two seasons before transferring to UW in the fall of 2001. Last season, Park earned an eighth-place finish in the 1,500m at the Pac-10 Championships, and entered 2003 among Washington's top-three competitors at 1,500m and 5,000m. It was in the 3,000m where Park made his splash indoors, shaving 16 seconds off of his personal best with an NCAA automatic-qualifying time of 7:54.13 on Feb. 15 that ranked fifth in the nation in 2003. In the process, Park became the first UW runner ever to clear eight minutes indoors in the 3,000m, shattering the school record by more than eight seconds. Remarkably, it was the second school record in as many meets for Park, who ran the first leg of the UW's record-setting distance medley relay squad at the Husky Invitational on Feb. 1. The team's time of 9:40.82 was 12 seconds beyond the previous best, and bettered the NCAA provisional standard.

It's Not the Size of the Dog in the Fight...: ... it's the size of the fight in the dog. Sophomore pole vaulter **Kate Soma** may stand only an inch above 5'-0", but the Portland, Ore., native towers over all UW female vaulters, past and present. Soma is the only Husky woman ever to clear 13 feet in the pole vault, having done so both indoors and outdoors. In fact, only five UW women have ever cleared *12* feet in the event, a feat Soma has accomplished in 19 of her 23-career pole vault finishes, including the 2003 NCAA Indoor meet. At the Mar. 1 Pac-10 Invitational, Soma broke her own indoor school record with a clearance of 13-3 3/4 that is nearly a foot beyond the UW's all-time second-best mark. As a freshman, Soma notched a school-record clearance of 13-1 1/2 outdoors, and added 11 inches to the UW's indoor best with a mark of 12-11 1/2. Currently, Soma is qualified for the NCAA Regional meet with a 2003 outdoor best of 12'-6".

Monster PR of the Week: At last week's Stanford Invitational, several athletes achieved marks which merited consideration for Monster PR of the Week. Senior Jeremy Park, however, gets the nod for not only improving his personal best in the 5,000 meters by a stunning 32 seconds, but for taking the national lead in the process. Park's mark of 13:54.02 leads all NCAA competitors in 2003 by 12 seconds, and is the third-fastest in Washington history.

2003 Husky Track and Field Stastistical Leaders

	Women's	
100m Dash	Rianna Moore	12.52
200m Dash	Kendra Caprye	29.67
400m Dash	Lauran Dignam	58.78
800m Run	Courtney Inman	2:08.39i*
1500m Run	Courtney Inman	4:19.39*%
Steeplechase	Kate Spigel	10:45.76*%
5000m Run	Sabrina Monro	16:22.13i*
10000m Run	Sabrina Monro	33:32.28%
100m Hurdles	Brynne Steward	14.52
400m Hurdles	Cambrielle Jensen	1:01.31*%
4x100m Relay	No competitors	
4x400m Relay	Jensen/Steward/	3:56.93
	Dignam/Moore	
High Jump	Sidney Brown	5-7*%
	Brittiny Roberts	5-7*%
Pole Vault	Kate Soma	13-3 3/4i*%
Long Jump	Katelyn Waterhouse	18-3 1/4i
Triple Jump	Brittiny Roberts	41-4 1/2*%
Shot Put	Cherron Davis	46-2 3/4*%
Discus	Mia Norheim	140-10
Hammer Throw	Kameko Gay	171-0*%
Javelin	Heather Reichmann	156-3*%
	Mon?a	
	Men's	
100m Dash	Reggie Williams	10.88
100m Dash 200m Dash	Reggie Williams Shelton Sampson	10.88 21.18i*
	Reggie Williams Shelton Sampson Sean Williams	
200m Dash 400m Dash 800m Run	Reggie Williams Shelton Sampson Sean Williams Ryan Brown	21.18i* 47.52* 1:50.97i*
200m Dash 400m Dash 800m Run 1500m Run	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold	21.18i* 47.52* 1:50.97i* 3:48.38i*
200m Dash 400m Dash 800m Run 1500m Run Steeplechase	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*%
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams Warren Eickhoff	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams Warren Eickhoff Brad Walker	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93 6-9 1/2i* 19-0 1/4i*%
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams Warren Eickhoff Brad Walker Chris Singleton	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93 6-9 1/2i* 19-0 1/4i*% 23-0 1/2
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams Warren Eickhoff Brad Walker Chris Singleton James Sims	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i*
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams Warren Eickhoff Brad Walker Chris Singleton James Sims Brendan Tuohy	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i* 46-6
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams Warren Eickhoff Brad Walker Chris Singleton James Sims Brendan Tuohy Mat Schwinn	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i* 46-6 172-0*%
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Hammer Throw	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams Warren Eickhoff Brad Walker Chris Singleton James Sims Brendan Tuohy Mat Schwinn Brendan Tuohy	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i* 46-6 172-0*% 156-10
200m Dash 400m Dash 800m Run 1500m Run Steeplechase 5000m Run 10000m Run 110m Hurdles 400m Hurdles 4x100m Relay 4x400m Relay High Jump Pole Vault Long Jump Triple Jump Shot Put Discus	Reggie Williams Shelton Sampson Sean Williams Ryan Brown Todd Arnold Jesse Fayant Jeremy Park Mark Mandi Nick Verbon Brad Goodrich Washington S. Williams/Adams/ Forni/N. Williams Warren Eickhoff Brad Walker Chris Singleton James Sims Brendan Tuohy Mat Schwinn	21.18i* 47.52* 1:50.97i* 3:48.38i* 9:33.34 13:54.07*% 30:22.92 14.86w 54.50 41.01 3:17.93 6-9 1/2i* 19-0 1/4i*% 23-0 1/2 49-3 3/4i* 46-6 172-0*%

- i Indoor mark
- * Pac-10 Championships qualifier
- % NCAA Championshps Qualifier

World-Class Walker: When Husky senior Brad Walker cleared 18 feet, 6 inches in a sixth-place finish at the USA Senior National Championships last June, he sent a message that he was primed for a big collegiate season in 2003. After his performance at the 2003 NCAA Indoor Championships, however, one has to go beyond the collegiate ranks to find anyone who can compete with the Spokane, Wash., native. Walker's clearance of 19-0 1/4 at the NCAAs was better than all but two indoor marks in the world in 2003, and equaled the winning mark at the 2003 IAAF World Indoor Championships. Walker, who won the NCAA title by nearly nine inches, finished the indoor season tied for third in the world with American Derek Miles and Romain Mesnil of France, and tied Miles for the U.S. best. Walker crushed his own UW record by more than six inches, and became the first Pac-10 vaulter ever to clear the 19-foot mark, shattering by three inches the Pac-10 record of 18-9 1/4 set by Stanford's Toby Stevenson. Following are the 2003 IAAF World Rankings and the all-time collegiate men's pole vault rankings:

2003 IAAF	World	Rankings
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Name	Country	Mark
1. Tim Lobinger	Germany	19-1
2. Adam Ptacek	Czech Republic	19-0 3/4
3. Brad Walker	United States	19-0 1/4
Derek Miles	United States	19-0 1/4
Romain Mesnil	France	19-0 1/4
6. Oleksandr Korchmid	Ukraine	18-10 1/4
Michael Stolle	Germany	18-10 1/4
8. Jeff Hartwig	United States	18-9 1/2
Lars Borgeling	Germany	18-9 1/2
Rens Blom	Netherlands	18-9 1/2
Vasily Gorshkov	Russia	18-9 1/2
Richard Spiegelburg	Germany	18-9 1/2

All-Time Collegiate Pole Vault Top-10

Name	School	Year	Mark
1. Lawrence Johnson	Tennessee	1996	19-7 1/2
Istvan Bagyula	George Mason	1991	19-5
Jacob Davis	Texas	1998	19-4 1/4
4. Bill Payne	Baylor	1991	19-2 3/4
5. Joe Dial	Oklahoma State	1985	19-2 1/4
6. Brad Walker	Washington	2003	19-0 1/4
Russ Buller	Louisiana State	1999	19-0 1/4
Jim Davis	Fresno State	2000	19-0 1/4
Doug Fraley	Fresno State	1986	18-11
10. Jeff Buckingham	Kansas	1983	18-10 1/2

Walker's Steady Climb: Currently the nation's leader outdoors with a school-record best of 18'-6 1/2", Walker initially enrolled at UW as a non-scholarship athlete who never cleared 17 feet at University High School in Spokane. Walker blossomed during his sophomore season, improving by more than a foot en route to an All-American indoor campaign. An undiagnosed foot injury hampered Walker outdoors, but he still finished 12th at the NCAA meet before undergoing surgery. After redshirting the 2002 indoor season, Walker posted one of the top seasons in UW history, shattering the school's outdoor vault record and earning the UW's first Pac-10 pole vault title in 30 years. A second-place finish at the NCAA Championships and the sixth-place finish at the USA meet followed. This season, Walker upped the school record again, to 19'-0 1/4" with his performance at the NCAA Indoor meet, and broke his own outdoor record in his first competition. While 2003 will be Walker's final year outdoors, he has one year of eligibility remaining indoors.

Palo Alto, Here We Come: Thus far in 2003, 28 Husky athletes have combined for 32 Pac-10 qualifying marks. Last year, Washington boasted 40 Pac-10 qualifiers, two of whom — pole vaulter Brad Walker and steepler Mike Hill - left Pullman, Wash., with conference titles. Now a senior, Walker is atop the list with a mark of 19-0 1/4 at the NCAA Indoor meet. The Pac-10 appearance would be the fourth in as many years for Walker, who in addition to his championship in 2002 was also a top-10 finisher in 2000. Senior Courtney Inman has already notched qualifying marks in both the 800m and 1,500m runs; Inman earned top-10 finishes in both events at last year's Pac-10 meet. Senior Kameko Gay is qualified in both the hammer and shot put. Additionally, sophomore **Sidney Brown** and junior Brittiny Roberts are double-qualifiers, each boasting marks in the triple and high jumps. Following is a list of all UW athletes currently qualified for the 2003 Pac-10 Championships. Pac-10 teams can bring a maximum of 24 athletes to the meet, and in addition may place one athlete in each event for which the school has no qualifier. Thus, some athletes to post qualifying marks may not compete, and others not qualified may be entered in some events.

Men			
<u>Name</u>	<u>Event</u>	<u>Mark</u>	
Todd Arnold	Mile	4:06.65	
Ryan Brown	800m	1:50.97	
Warren Eickhoff	High Jump	6-9 1/2	
Andy Fader	5,000m	14:23.88	
Jesse Fayant	5,000m	14:19.02	
Eric Garner	5,000m	14:13.26	
Jeremy Park	5,000m	13:54.07	
Juan Romero	Javelin	201-1	
Shelton Sampson	200m	21.18	
Mat Schwinn	Discus	172-0	
James Sims	Triple Jump	49-3 3/4	
Brad Walker	Pole Vault	19-0 1/4	
Sean Williams	400m Dash	47.52	
Rigel Wise	Javelin	204-4	
	Women		
<u>Name</u>	Event	Mark	
Mary Beeman	Shot Put	44-9 1/2	
Kate Bradshaw	5,000m	17:09.06	
Sidney Brown	Triple Jump	39-4 1/2	
	High Jump	5-7	
Cherron Davis	Shot Put	46-2 3/4	
Lindsey Egerdahl	Mile	4:55.12	
Kameko Gay	Shot Put	44-11 3/4	
	Hammer Throw	171-0	
Jamie Gibbs	5,000m	17:21.06	
Courtney Inman	800m	2:08.39	
	1,500m	4:19.39	
Cambrielle Jensen	400m Hurdles	1:01.31	
Sabrina Monro	5,000m	16:22.13	
Heather Reichmann	Javelin	142-10	
Brittiny Roberts	Triple Jump	41-4 1/2	
	High Jump	5-7	
Kate Soma	Pole Vault	13-3 3/4	
Kate Spigel	Steeplechase	10:45.76	

2003 Updates to	UW Indoor	School Records
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	Men				Women				
			All-time	School				All-time	School
<u>Name</u>	Event	<u>Mark</u>	UW Rank	Record	<u>Name</u>	Event	Mark	UW Rank	Record
Jeremy Park	3,000m	7:54.13	1st	Same	Courtney Inman	800m	2:08.39	1st	Same
Brad Walker	Pole Vault	19-0 1/4	1st	Same	Courtney Inman	Mile	4:40.24	1st	Same
Park/S. Williams/	DMR	9:40.82	1st	Same	Sabrina Monro	5,000m	16:22.13	1st	Same
Arnold/Garner					Brittiny Roberts	Triple Jump	41-4 1/4	1st	Same
Ryan Brown	800m	1:50.97	2nd	1:50.65	Kate Soma	Pole Vault	13-3 3/4	1st	Same
Shelton Sampson	200m	21.18	3rd	20.56	Alexis Jaime	Pole Vault	12-4	3rd	13-3 3/4
Todd Arnold	800m	1:51.55	4th	1:50.65	Kameko Gay	Weight Throw	50-2 3/4	4th	55-2
N. Williams/S. Williams/	4x400m	3:11.71	4th	3:07.33	Sidney Brown	Triple Jump	39-4 1/2	5th	41-4 1/4
Goodrich/Forni					Sidney Brown	High Jump	5-7	6th	6-2
Ben Koss	5,000m	14:36.22	5th	13:58.51	Cherron Davis	Weight Throw	42-3 1/4	7th	55-2
Greg Forni	400m	48.03	6th	46.45	Mariah Swango	Pole Vault	10-10	t7th	13-3 3/4
Marc James	60m Hurdles	8.10	6th	7.82	Cherron Davis	Shot Put	46-1 1/4	8th	52-7 1/2
James Sims	Triple Jump	49-3 3/4	6th	50-10	Mia Norheim	Weight Throw	40-9	8th	55-2
Fader/Brown/	DMR	10:01.35	6th	9:40.82	Egerdahl/Dignam/	DMR	11:54.68	8th	11:35.41
Tabor/Hickey					Chapman/Connelly				
Johnson/S. Williams/	4x400m	3:12.42	t6th	3:07.33	Laura Hodgson	5,000m	17:33.35	9th	16:22.13
Brown/Forni					Brittiny Roberts	High Jump	5-6	t10th	6-2
N. Williams/S. Williams/	4x400m	3:12.42	t6th	3:07.33					
Brown/Goodrich									
Sean Williams	400m	48.19	7th	46.45					
Jesse Fayant	5,000m	14:45.21	8th	13:58.51					
Nik Williams	400m	48.29	8th	46.45					
Andy Fader	800m	4:08.40	9th	3:58.93					
Mark Mandi	5,000m	14:48.40	9th	13:58.51					
Travis Boyd	5,000m	14:50.18	10th	13:58.51					
Andy Fader	3,000m	8:13.51	10th	7:54.13					
Brendan Tuohy	Weight Throw	53-8 1/4	t10th	71-5 1/2					

Ridiculous Records: Washington's track and field athletes in 2003 rendered the indoor school records section of the Huskies' Track and Field Media Guide completely obsolete, posting no fewer than 38 marks among the top-10 in school history. Included among the top-10 marks were a whopping eight school records, or one more than Husky athletes set in 2001 and 2002, combined. Senior Jeremy Park had a hand in two such records, shattering the school's 3,000-meter mark by eight seconds with a time of 7:54.13, and teaming with sophomore Sean Williams and juniors Todd Arnold and Eric Garner to set a record of 9:40.82 in the distance medley relay that was 12 seconds better than the previous best. Senior pole vaulter **Brad Walker** crushed his own record of 17-11 3/4 in the pole vault on several occasions, culminating with a clearance of 19-0 1/4 at the NCAA Indoor Championships that ranked third in the world in 2003, and earned Walker his first-ever NCAA indoor title. Sophomore **Kate Soma** broke her own pole vault record of 12-11 1/2 with a clearance of 13-3 3/4 at the Pac-10 Invitational and junior **Brittiny Roberts** raised the school's triple jump record by nearly a foot with a mark of 41-4 1/4 at the UW Invitational. At the Pac-10 Invitational, Sabrina Monro made her 2003 track and field debut memorable, lowering the 5,000-meter record by 11 seconds with a time of 16:22.13, and senior **Courtney Inman** shaved five seconds off of her own mile record, lowering it to 4:40.24. Inman also established the UW's all-time best indoor 800-meter mark this season, posting a time of 2:08.39 at the Mar. 8 Last Chance Qualifier. Inman was one of twelve Huskies to post top-10 marks in multiple events, with sophomore Sean Williams notching five top-10 marks, including relays. See the box on the following page for a full list of the athletes who have cracked the UW's all-time top-10 indoor rankings in 2003, as well as a list of Washington's indoor school records.

Triple Threat: Junior triple jumper Brittiny Roberts entered rare air on Feb. 15 when she leapt 41-4 1/4 at the UW Invitational, nearly 10 inches farther than the Huskies' previous indoor best. She did herself one better, though, at last week's Stanford Invitational, clearing 41-4 1/2 to leapfrog Michele Davis into second on the UW's all-time outdoor list. Roberts' success should come as no surprise, given that her cousin, U.S. track legend Ralph Boston, won the gold medal in the long jump at the 1960 Olympic Games in Rome. Maybe Roberts learned a thing or two from Boston — in addition to the triple jump, she led all Huskies indoors in the high jump, and ranked third on the team in the long jump. A graduate of Bullard High School in Fresno, Calif., Roberts is making an assault on the school outdoor record of 41-7 3/4 set by Tara Davis in 1995. Prior to 2003, Roberts had already joined an elite class of triple jumpers, clearing 40-8 3/4 in a fourth-place finish at the 2002 Pac-10 Championships to rank third all-time at UW. Roberts is one of just five Huskies ever to cover 40 feet in the triple jump outdoors, and one of just three to accomplish the feat indoors. Roberts was outstanding as a prep, competing in the California state championship meet for four consecutive seasons, with four top-10 finishes, including two each in the high and triple jumps. As a UW freshman, Roberts placed 10th in the triple jump at the Pac-10 meet.

Top Dawgs: Three seniors and one junior, distance runner **Todd Arnold**, were selected to be captains for the 2003 season by a vote of their teammates. Arnold, a Pac-10 qualifier at 1,500 meters in 2002, is joined by senior All-American **Brad Walker**, the 2002 NCAA runner-up in the pole vault, as captains on the men's side, while a pair of school-record holders — **Kameko Gay** in the hammer and **Courtney Inman** in the mile — lead the women.

Queen of the Mile: It seems impossible, but for the past two seasons, senior Courtney Inman has been setting school records nearly every time she steps on the track. This season, Inman calmly shaved five seconds off her own school record in the mile, lowering to 4:40.24 a record which stood as high as 4:48.36 barely 12 months ago. After having lowered the mile record on three separate occasions in 2003, the British Columbia native set her sights on Sarah Bolender's 800-meter record of 2:11.06. On her first try, Inman lowered that mark to 2:10.56, before taking off another two seconds with a time of 2:08.39 at the Mar. 8 Last Chance Qualifier. Inman earned her third-straight trip to the NCAA Championships, placing ninth in the mile. She was the 14th-place finisher in the event at last year's NCAA Indoor Championships, and took 10th in the 1,500 meters at the 2002 NCAA outdoor meet, where she is again an NCAA qualifier in 2003. Inman also excels at longer distances, having earned All-Pac-10 cross-country honors in 2002, and led all Husky finishers at the 2002 NCAA cross-country meet.

2003 Indoor Season Recap: The 2003 indoor season will long be remembered as one of the most exciting in UW history, with school records, American records, and top-10 world marks falling left and right. In all, eight school records were set during the team's five weeks of competition at Dempsey Indoor, including a pair of records by Courtney Inman in the 800m and mile runs. At the 2003 NCAA Indoor Championships, Inman was a top-10 finisher in the mile, Jeremy Park earned All-American honors at 3,000 meters, and pole vaulter Brad Walker won his first NCAA title, crushing the competition by nine inches. Walker's mark of 19-feet, 0 1/4 inch was three inches beyond the Pac-10 record, and tied for third in the world during the 2003 indoor season. In fact, a glance at the 2003 IAAF World Rankings reveals dozens of marks set on the Dempsey Indoor track. As many as 2,500 spectators packed the facility each week, creating a highly-charged atmosphere that attracted such luminaries as two-time Olympic medalist John Godina, and fellow Olympians Seilala Sua, Bolota Asmeron, Michael Stember and Ja'Warren Hooker. The Huskies also didn't discriminate by age, as a pair of Masters' Division athletes, Tony Young and Harold Morioka, combined for three all-time U.S.-best marks, and the Northwest's top preps filled the facility on three weekends.

Dempsey Indoor Draws World's Best: If Washington's home indoor meets this season seemed to shimmer in gold, it was likely due to the numerous current and former Olympians who highlighted the fields at Dempsey Indoor. The Feb. 1 Husky Invitational featured four Olympic athletes, including former Husky and 2000 U.S. Olympian Ja'Warren Hooker, who set a facility record in the 60m dash with a time of 6.63 seconds. Hooker was joined by fellow U.S. Olympians John Godina and Seilala Sua, and distance runner Bolota Asmeron, who competed in 2000 for his native Etruria. Godina, a two-time Olympic medalist, heaved the shot 65-6 3/4 in a winning effort, while Sua took the women's shot with a throw of 56-8, besting her own facility record. Asmeron, however, highlighted the competition, clocking the world's sixth-fastest indoor 3,000-meter time of the 2003 season with a mark of 7:49.68 which, at the time it was run, was the world's best this season. Also, 2000 Olympian Michael Stember set a facility record in the mile at the UW Invitational on Feb. 15.

International Blend: Washington's 2003 roster features several individuals from outside the United States, including senior Courtney Inman, a native of Abbotsford, B.C., who last year placed 10th in the 1,500 meters at the NCAA meet. Not surprisingly, Canada is the foreign nation with the most athletes on the UW roster, including Inman, freshman Gaelle Banini (Richmond, B.C.), redshirt freshman Carly Dockendorf (Port Moody, B.C.) and sophomore Jeff Wallis (Duncan, B.C.). For Banini, however, Canada is just the most recent nation of residence. Born in Cameroon, Africa, Banini moved to France in 1987, and finally settled in Canada in 1994. Joining the Canadian quartet are freshman Vinh Chung, who will rack up plenty of frequent flyer miles while traveling from Seattle to his hometown of Hamilton, New Zealand; freshman Mike Sayenko, born in the Ukraine; and senior Elena Popovskaya, a native of Russia.

'Note' Worthy: Junior Brendan Tuohy is doing his best to debunk the stereotype of the oafish thrower. The Tacoma, Wash., native, whose marks of 49-2 1/4 in the shot and 53-8 1/4 in the weight led all Husky competitors indoors in 2003, is majoring in music at the UW and boasts a fine tenor voice. When not performing in the throwing circle, Tuohy can be heard performing such works as Bach's Oratorio for the UW School of Music, and in performances with the Tacoma Opera and the UW Chambersingers. Tuohy plans on continuing his musical education upon earning his degree in the spring of 2004.

Head Coach Greg Metcalf: Former Husky All-American **Greg Metcalf** is in his first year as the UW's head coach of track and field and cross-country, and his sixth year overall at Washington. In five seasons as a UW assistant, Metcalf led the women's cross-country team to five-straight NCAA appearances, including a UW-best ninth-place finish in 1998. Metcalf has coached eight All-Americans, five Pac-10 champions, 13 school-record setters and 62 NCAA qualifiers. A 1993 UW graduate, Metcalf was a two-time All-American in the steeplechase, and ran in the 1996 U.S. Olympic trials.

Star-Studded Staff: Washington's coaching staff in 2003 is in no way short on accolades. Seventh-year vaults/jumps coach Pat Licari has directed three All-Americans, and last year coached both Brad Walker and Kate Soma to school records in the pole vault. First-year throws coach Bud Rasmussen founded the prestigious Iron Wood Thrower Development Camp, and in seven years at North Idaho College, mentored 82 NJCAA All-Americans, 18 national champions and five NJCAA record holders. First-year sprints/relays coach Dion Miller last year led Texas Tech sprinters to 13 All-America accolades, and a Big 12 title in the 4x100-meter relay. Second-year distance coach David Bazzi, a Husky alum, was the 2001 Pac-10 champion at 10,000 meters, and still holds three all-time school records. Rounding out the all-star cast is first-year distance coach Kelly MacDonald, who graduated from Arizona State in 2002 with five All-America accolades and three Pac-10 titles.